

Registration Form

Please complete a separate form for each participant. Registration and additional payment options are also available at www.cmocf.org/onestep

Last Name _____

First Name _____

Email Address _____

Street Address _____

Phone (_____) _____

City _____

State _____ ZIP _____

Age (on 9/24/11) _____ Male Female

Shirt Womens Mens

Size Youth S Youth M Youth L S M L XL XXL

Category 5K Timed Run - \$35*/\$40 5K Untimed Run/Walk - \$35*/\$40
 1-mile Timed Run - \$25*/\$30 1-mile Untimed Run/Walk - \$25*/\$30
 Virtual Runner (Sleep-in) - \$40 Youth (9-17) - \$10*/\$15
 Child (8 and under) - \$10*/\$15 Ovarian cancer survivor - Free!

If youth or ovarian cancer survivor, please select from the following categories

5K Timed Run 5K Untimed Run/Walk
 1-mile Timed Run 1-mile Untimed Run/Walk

Survivors are encouraged to seek pledges for their participation. Please visit cmocf.org/onestep for donation information.

* Early registration rate applies for entries postmarked by or submitted online until August 31

Payment amount (Check or cash only via mail) \$ _____

Signature (parent or legal guardian if under age 18)

By submitting this registration I agree to the terms and conditions listed in Waiver of Liability.

Date _____

Print Name _____

Send entry form and check postmarked by 9/17/11 to:
CMOCF, P.O. Box 48787, St. Petersburg, FL 33743.

All donations are tax deductible according to the laws of the State of Florida. Tax I.D. #33-1023477. Online registration is available until 9/21 at www.cmocf.org/onestep and race-day registration will be open from 6:00am until 15 minutes before race time. Sponsorship and volunteer opportunities are still available. For questions, please contact David Moran at 727-512-4412, or Melissa Sharpsteen at 727-381-9522.

Waiver of Liability

In consideration of this entry, I, myself, my heirs, devisees, executors, administrators and assigns hereby waive, release and discharge any and all Claims against CELMA MASTRY OVARIAN CANCER FOUNDATION, CITY OF ST. PETERSBURG, organizations, sponsoring or conducting this event, or their employees, representatives, or successors, for any and all damages or injuries I may suffer. I hereby grant permission for free use of my name and picture in any broadcast, brochure, or account of this event.

Celma Mastry Ovarian Cancer Foundation
P.O. Box 48787 St. Petersburg, FL 33743-8787
Phone 863-381-2034 • www.cmocf.org

ONE STEP CLOSER TO THE CURE 5K RUN/WALK



FAMILY, FRIENDS AND COMMUNITY UNITE TO FIGHT OVARIAN CANCER



ALBERT WHITTED PARK, ST. PETERSBURG
SEPTEMBER 24, 2011

ONE STEP CLOSER TO THE CURE 5K RUN/WALK



When
September 24, 2011, 7:30am

Where
Albert Whitted Park
480 Bayshore Dr. SE
St. Petersburg, FL 33701

Why
Raise funds and awareness of ovarian cancer. Proceeds benefit educational materials, early detection research, and financial assistance for patients in the Tampa Bay area.



Join us for a competitive run or a casual jog or walk along the downtown St. Petersburg waterfront as morning breaks. This year the course is USATF-certified with chip timing, sponsored by Gateway Radiology. The first 750 participants receive a great goodie bag with attractive race shirts (all registered participants who sign up by August 31 will receive requested size). Also included in your registration fee are a pre-race packet pick-up party at the new Hooters on 4th St. N., and following the race, refreshments and inspiring program. Children and teens can register for the distance of their choice at a discounted rate. Kids eight years old and under can participate in a free kids' obstacle course (however, to get a shirt, you must register). You can even sign up to stay home as a virtual runner and receive a shirt via mail.

Awards
For the 5K, awards will be given to the overall top 3 males and females and the top male and female finishers in standard age group categories. An award is also given to the top male and female for the one-mile race.

Directions
From I-275 N take the I-175 exit east onto 5th Avenue S. Turn left at 1st Street SE. Turn right at Mahaffey Theater for parking on the second level of the garage. You must have the pass included in your preregistration packet. Metered street parking is also available on 1st Street SE.

THANKS TO OUR SPONSORS FOR HELPING MAKE THIS EVENT POSSIBLE

